



# Pacific Symposium 2007

November 8-11  
The Catamaran  
Resort Hotel  
San Diego, CA

## Post-Symposium Events

November 12 & 13, 2007  
2 day Workshops Featuring:  
Matt Callison &  
The Toyohari Acupuncturists

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Maximum available CEUs - 50

# 2007 Presenters

Dan Bensky  
Matt Callison  
Effie Chow  
Nigel Dawes

Felice Dunas  
Justin Ehrlich  
Jean Giblette  
Richard Gold

Bill Helm  
Mark Kastner  
Yue-ying Li  
Wei Liu  
Kiiko Matsumoto

Bruce Robinson  
Z'ev Rosenberg  
Paul Schell  
Volker Scheid  
Richard Tan

Alex Tiberi  
Honora Lee Wolfe  
Toyohari Acupuncturists  
Haruhiro Kasumi  
Michio Murakami

## Schedule 2007 – 50 CEUs

THURSDAY 11/8

FRIDAY 11/9

SATURDAY 11/10

SUNDAY 11/11

### Early Morning Qi Gong (1 CEU per morning).

7:00 a.m. – 7:50 a.m. Shen Gong Exercises  
*Bill Helm*

Shen Gong Exercises  
*Bill Helm*

Shen Gong Exercises  
*Bill Helm*

Shen Gong Exercises  
*Bill Helm*

### Restoration Track (3 CEUs per workshop).

9:00 a.m. – 12:00 p.m. Root Treatment in Shiatsu  
*Nigel Dawes*

### Restoration Track (3 CEUs per workshop).

The Posture Paradigm; Assessment & Intervention with the Egoscue Method  
*Paul Schell*

### Advanced Acupuncture Techniques (3 CEUs per workshop).

9:00 a.m. – 12:00 p.m. Root Treatment in Acupuncture  
*Nigel Dawes*

### Advanced Acupuncture Technique (3 CEUs per workshop).

Treating Syndromes Associated with Obesity  
*Kiiko Matsumoto*

### Morning Lectures (1 CEU per lecture).

9:00 a.m. – 9:50 a.m. Liu's Scalp Acupuncture; A New System  
*Wei Liu*

Adapting Chinese Medicine to the West: Menopausal Syndrome  
*Volker Scheid*

Spirituality in Medicine  
*Alex Tiberi*

The Nature of Toyohari and the Goals of Root Treatment  
*Toyohari Acupuncturists*

9:55 a.m. – 10:45 a.m. Treating Patients Who Are Taking Western Medicine with Chinese Herbs  
*Honora Lee Wolfe*

Expanding the Use of 'Cold-Damage' Thought in Clinical Practice  
*Dan Bensky*

Pre-menopause, Menopause and Syndrome X  
*Bruce Robinson*

TCM Cosmetology & Dermatology: Part I  
*Yue-ying Li*

11:10 a.m. – 12:00 p.m. Treating Pulmonary Disorders  
*Richard Tan*

The Science of Herbs: Restoring the Context  
*Jean Giblette*

Qi Gong for Critical Conditions  
*Effie Chow*

Change What You Like  
*Alex Tiberi*

### Afternoon Qi Gong (1 CEU per session).

12:15 p.m. – 1:05 p.m. Shen Gong Exercises  
*Justin Ehrlich*

Shen Gong Exercises  
*Justin Ehrlich*

### Afternoon Qi Gong (1 CEU per session).

Shen Gong Exercises  
*Justin Ehrlich*

Shen Gong Exercises  
*Justin Ehrlich*

### Afternoon Workshops (3 CEUs per workshop).

2:30 p.m. – 5:30 p.m. Making the Most of Your Herbal Dispensary  
*Honora Lee Wolfe*

Botanical Studies for Oriental Medicine  
*Jean Giblette*

Tibetan Medicine for Practitioners of Chinese Medicine  
*Alex Tiberi*

TCM Cosmetology & Dermatology: Part II  
*Yue-ying Li*

A Day in Dr. Tan's Clinic  
*Richard Tan*

Modern Applications of the Discussion of Cold-damage  
*Dan Bensky*

Chow Medical Qi Gong A Hands-On Healing Event  
*Effie Chow*

Palpation Skills as a Way to Know About Qi  
*Toyohari Acupuncturists*

Power of the Needles  
*Wei Liu*

Lost in Translation? Translating Patient Complaints into Effective Chinese Medicine Formulas  
*Volker Scheid*

Danger Signs: Red Flags in Traditional Chinese Medicine Practice  
*Bruce Robinson*

Advanced Needling for the Athletic Weekend Warrior  
*Mark Kastner*

Tui Na for Asthma  
*Bill Helm*

Experiencing Thai Massage  
*Richard Gold*

Bao Mai Theory and Treatment  
*Kiiko Matsumoto*

Bridging the Gap; Putting Healing into the Patient's Hands  
*Paul Schell*

### Evening Events

7:00 p.m. – 9:00 p.m. Chronobiology and Chinese Medicine  
*Z'ev Rosenberg*

**PARTY**

### Evening Events

Keynote Lecture: The Role of TCM in Corporate Wellness Programs  
*Felice Dunas*

### IN-DEPTH STUDY SESSIONS.

Choose One (14 CEUs each)

Monday 11/12 - Tuesday 11/13

**Common Injuries to the Lower Back and Hip**  
*Matt Callison*

**Toyohari as a Way of Developing Skills**  
*Toyohari Acupuncturists*

**Look for These Symbols**

When Reading the Program Descriptions:

**R**

**Restoration Track Workshop (3 hours)**

*A hands-on, relaxing and revitalizing alternative to morning lectures*

**A**

**Advanced Acupuncture Workshop (3 hours)**

**L**

**Morning Lecture (50-minutes)**

**W**

**Afternoon Workshop (3 hours)**

Choose One Speaker Each Day

# November 8

## Morning and Afternoon Qi Gong - Shen Gong Exercises

Bill Helm and Justin Ehrlich

Earn 1 CEU by attending morning or afternoon shen gong exercises. Shen gong exercises develop shen function and help focus clarity and balance the qi flow through the body. Warm-up exercises will be included for increasing flexibility and activating blood circulation.

## Root Treatment in Shiatsu

Nigel Dawes

This workshop will explore methods of abdominal and channel diagnosis in the Zen Shiatsu tradition that lead to a definition and treatment of what can be termed "Root."

## Liu's Scalp Acupuncture: A New System

Wei Liu

This unique system of scalp acupuncture has been a family secret for generations, taught to Wei Liu by his grandfather Dr. Li-tian Wang. This approach to the scalp is effective for the treatment of pain. Dr. Liu is passing the secret of this treatment directly to attendees to use in their own practices.

## Treating Patients Who Are Taking Western Medicine with Chinese Herbs

Honora Lee Wolfe

At least 80 percent of adults over the age of 18 are taking one or more Western drugs. In this lecture, Honora will present a protocol for working with these patients without abandoning the

materia medica. She will also discuss what to do when patients have adverse events and how to communicate effectively and work with patients' Western medical care providers.

## Treating Pulmonary Disorders

Richard Tan

In this course, Tan will focus on the success he has achieved using Pattern #5 of his "12 Magical Points." This pattern has demonstrated clinical results for a variety of upper jiao problems. Tan will explain this simple system and share how it treats pulmonary disorders, including respiratory diseases and cardiac problems.

## Making the Most of Your Herbal Dispensary

Honora Lee Wolfe

This workshop will answer countless questions pertaining to starting and improving an herbal pharmacy. TCM practitioners have many choices to make about their style of herbal practice. What form of herbs is best? What is the proper dosage with various types of products? What is the right mark-up? How are returns handled? Am I making a profit? How is patient compliance best managed? Participants will receive answers to these questions and will walk away from this workshop feeling more confident and knowledgeable about having a successful and safe herbal practice.

## A Day in Dr. Tan's Clinic

Richard Tan

Richard Tan shares his clinical methods as well as gives a detailed discussion on the most common disorders he treats on a daily basis. Tan will provide insight into how he makes a differential diagnosis. Through his use of the Balance Method, Tan will discuss which meridians and points he uses for treatment as well as any herbal formulas if applicable.

## Power of the Needles

Wei Liu

Wei Liu will show you clinically relevant, advanced needling techniques. This workshop will explore a unique interpretation of the name and function of each of the most commonly used acupuncture points with emphasis on the Traditional Chinese Medicine classic theory and treatment strategies.

## Tui Na for Asthma

Bill Helm

Asthma is a common respiratory disorder that affects young and old alike. Common symptoms are reduced: airflow, wheezing, chest tightness, phlegm production, increased heart rate and profound distress. A tui na massage protocol for relieving minor attacks and reducing frequency of attacks will be taught during this workshop.

## EVENING LECTURE

## Chronobiology and Chinese Medicine

Z'ev Rosenberg

One of the most powerful aspects of Chinese medicine is its emphasis on time as a core factor in health and disease. Biorhythms and circadian rhythms, factors in the course of illness, have been a major part of Chinese medicine for thousands of years. In this lecture, Rosenberg will speak about diagnostic and treatment strategies using chronobiological principles and look at sections of the Shang Han Lun, Su Wen and Nan Jing that deal with these principles. Participants will also look at modern research on applying chronobiology to modern medical applications.

# Thursday at a Glance

7:00 am - 7:50 am  
**Shen Gong Exercises**  
Bill Helm

9:00 am - 12 noon  
RESTORATION WORKSHOP:  
**Root Treatment in Shiatsu**  
Nigel Dawes

9:00 am - 9:50 am  
**Liu's Scalp Acupuncture;  
A New System**  
Wei Liu

9:55 am - 10:45 am  
**Treating Patients  
Who Are Taking  
Western Medicine  
with Chinese Herbs**  
Honora Lee Wolfe

11:10 am - 12 noon  
**Treating Pulmonary  
Disorders**  
Richard Tan

12:15 pm - 1:05 pm  
**Shen Gong Exercises**  
Justin Ehrlich

2:30 pm - 5:30 pm  
(Choose One)

**Making the Most of  
Your Herbal Dispensary**  
Honora Lee Wolfe

**A Day in Dr. Tan's Clinic**  
Richard Tan

**Power of the Needles**  
Wei Liu

**Tui Na for Asthma**  
Bill Helm

7:00 pm - 9:00 pm  
EVENING LECTURE:  
**Chronobiology and  
Chinese Medicine**  
Z'ev Rosenberg

THURSDAY

Questions?

E-mail: [symposium@PacificCollege.edu](mailto:symposium@PacificCollege.edu) or call 800.729.0941

# November 9

## Root Treatment in Acupuncture

Nigel Dawes

The relationship between Root and Branch is the familiar dance between that which leads and that which follows; between hidden and manifest; between that which primes and that which finishes. In diagnosis, as well as in treatment, practitioners speak of Root and Branch, each with its own distinctive definitions, qualities and techniques. This workshop will explore methods of pulse diagnosis, point selection and needling techniques in the meridian therapy tradition that lead to a definition and treatment of what can be termed "Root."

\*Licensed participants only

## Adapting Chinese Medicine to the West: Menopausal Syndrome and Its Implications for Modern Practice

Volker Scheid

Women suffering from menopausal syndrome in China experience very different symptoms than women in Japan. Women in Japan experience different symptoms than women in Canada or the U.S. What does this imply about utilizing Chinese medicine treatment strategies from China or those from Japan in the West? While focusing on menopause, Volker Scheid will relate this question to other medical problems and suggest possible answers, clinical and conceptual.

## Expanding the Use of 'Cold-Damage' Thought in Clinical Practice

Dan Bensky

Participants will learn about a few approaches to cold-damage thought and how it can be applied in clinical practice. In this lecture, Dan Bensky will introduce two background methods of using the core concepts of the Shang Han Lun and give clinical examples of how these concepts are relevant to modern American patients.

## The Science of Herbs: Restoring the Context

Jean Giblette

There is an increasing interest among the Western science community about the pharmacologic structure of herbs. Traditional Chinese Medicine can serve as an informational database to answer questions about selection criteria and the incorporation of herbs into the modern diet. Practitioners can utilize this information to educate their patients on the numerous benefits of herbs within a Western and Eastern medical context.

## Botanical Studies for Oriental Medicine

Jean Giblette

Learn about two national projects for the advancement of Traditional Chinese Medicine. Botanical Studies for Oriental Medicine is a 3-year program funded by the W.K. Kellogg Foundation, whose efforts are to provide opportunities to study in 15 U.S. locations. The Medicinal Herb Consortium is a collaboration of agricultural associations to work on the domestic cultivation

of traditional Chinese herbs. A review of basic botanical concepts and ecological conservation will be presented.

## Modern Applications of the Discussion of Cold-damage: Expelling Pathogens in Chronic Disorder

Dan Bensky

Modern practitioners of Chinese medicine have a predilection for seeing chronic problems as due to deficiency and then prescribing tonics. While this is often useful, just as commonly the root problem is not deficiency but rather a pathogen that is lodged in the body. Using formulas from the Discussion of Cold Damage (Shang Han Lun), Bensky will explore what situations warrant particular protocol and how certain formulas that expel pathogens are often the treatment of choice for a variety of chronic conditions.

## Lost in Translation? Translating Patient Complaints into Effective Chinese Medicine Formulas

Volker Scheid

Most of the herbal formulas used in clinical practice today are several centuries old, and were not created to treat common conditions such as premenstrual tension, hypertension or Hepatitis C that are seen today. In this workshop, Scheid will show how examining a formula's history, and the processes of translation by which its indications have been adapted to different contexts, can help practitioners choose and design formulas for patients more effectively.

## Experiencing Thai Massage

Richard Gold

Combining elements of acupressure, yoga and assisted stretching, Thai massage is a unique form of healing bodywork therapy. Thai massage is applied with the client in four positions: supine, prone, lateral recumbent and seated. In this workshop, specific therapeutic techniques of Thai massage will be taught with the client in a prone position. Participants will learn to work with their hands, feet, knees, and forearms. Note: wear loose clothing of natural fibers.

## Friday at a Glance

7:00 am - 7:50 am  
**Shen Gong Exercises**  
Bill Helm

9:00 am - 12 noon  
ACUPUNCTURE TECHNIQUE:  
**Root Treatment in Acupuncture**  
Nigel Dawes

9:00 am - 9:50 am  
**Adapting Chinese Medicine to the West: Menopausal Syndrome**  
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Justin Ehrlich

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Dan Bensky

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Volker Scheid

**Experiencing Thai Massage**  
Richard Gold

7:00 pm - 9:00 pm  
**PARTY**

FRIDAY

Questions?

E-mail: [symposium@PacificCollege.edu](mailto:symposium@PacificCollege.edu) or call 800.729.0941

# November 10

## Treating Syndromes Associated with Obesity

Kiiko Matsumoto

A

Many patients complain of problems such as knee pain, back pain, gallstones, diabetes or migraines, however the underlying issue may be excess weight. Learn how practitioners can identify and treat the root of their patients' complaints as well as associated symptoms. For example, a practitioner cannot just treat a sciatica complaint, because the real issue may be a fatty liver. The fatty liver must be treated first before the other symptoms can be alleviated. Live demonstrations will show treatment methods and advanced needling techniques.

\*Licensed participants only

## Spirituality in Medicine

Alex Tiberi

L

Modern Chinese medicine is often criticized for having lost its spiritual roots. In fact, students of Chinese medicine often turn to other traditional systems of medicine to seek spiritual meaning. This lecture is aimed at defining spirituality in medicine and looking for its presence in Chinese medicine, both traditionally and in its modern practice. Students will learn to implement belief in treatments while counteracting destructive beliefs through physical treatment using herbs and acupuncture.

## Pre-menopause, Menopause and Syndrome X

Bruce Robinson

L

Hormonal changes can begin as early as age 35 and can continue on through the completion of menopause. Weight control difficulties are a major feature of this period because of the close

association of menopause with Metabolic Syndrome, also known as Syndrome X. This lecture will describe the hormonal changes and resulting symptoms of this time in a woman's life and point out what she can do to deal effectively with these health problems.

## Qi Gong for Critical Conditions

Effie Chow

L

Qi gong, especially medical qi gong, can be a potent remedy for critical conditions. Case studies will be presented on strokes, cerebral palsy, Parkinson's disease, and cancer that demonstrate positive outcomes due to energetic techniques based on Chow medical qi gong.

## Tibetan Medicine for Practitioners of Chinese Medicine

Alex Tiberi

W

This workshop will look at the long, intertwined history and use of Chinese and Tibetan medicine. Topics will include Tibetan urine diagnosis and its interpretation into Chinese medicine diagnosis; translation of the points of moxibustion and acupuncture used in Tibetan medicine into their Chinese equivalents; the three "humors" of Tibetan medicine and their relationship to qi, blood; fluid disorders in Chinese medicine; and Chinese herbs and formulas as used in Tibetan medicine.

## Chow Medical Qi Gong; A Hands-On Healing Event

Effie Chow

W

One cannot just talk about qi gong and understand the power underlying this discipline. Many clinicians and researchers try to

deduct the energetic reasons without practical experience. Attendees will experience maneuvers in the use of the qi, that vital life force, and will be very surprised with the amazing outcomes. This workshop will show you how to be the ultimate acupuncture practitioner using qi gong to enhance the outcomes of your clinical practice.

## Danger Signs: Red Flags in Traditional Chinese Medicine Practice

Bruce Robinson

W

This seminar will help participants increase their knowledge and confidence in working with a wider range of medical problems, including potentially life-threatening situations. The information learned in this course may be applied to treating and saving the lives of seriously ill patients.

## Bao Mai Theory and Treatment

Kiiko Matsumoto

W

The bao mai is associated with the heart and menstrual blood. Thus, there may be mental-emotional problems causing gynecological issues, so treating the bao mai can have profound effects, primarily if it becomes blocked, or menstruation stops or becomes irregular. By implementing treatment, the practitioner can help women conceive. Learn needling technique as Matsumoto demonstrates proper treatment on live models.

## KEYNOTE LECTURE

### The Role of TCM in Corporate Wellness Programs

Felice Dunas

Discover the opportunities that TCM can have in corporate America. Interest in acupuncture and Oriental medicine is increasing exponentially, and the time has arrived to explore the possibilities of entering the business community. This workshop will serve to inform acupuncturists about common conditions encountered in the workplace, how to effectively communicate TCM principles, and which markets are the most receptive to using complementary medicine.

## Saturday at a Glance

7:00 am - 7:50 am

### Shen Gong Exercises

Bill Helm

9:00 am - 12 noon

ACUPUNCTURE TECHNIQUES:

### Treating Syndromes Associated with Obesity

Kiiko Matsumoto

9:00 am - 9:50 am

### Spirituality in Medicine

Alex Tiberi

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### Pre-menopause, Menopause and Syndrome X

Bruce Robinson

11:10 am - 12 noon

### Qi Gong for Critical Conditions

Effie Chow

12:15 pm - 1:05 pm

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Justin Ehrlich

2:30 pm - 5:30 pm

(Choose One)

### Tibetan Medicine for Practitioners of Chinese Medicine

Alex Tiberi

### Chow Medical Qi Gong; A Hands-On Healing Event

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Kiiko Matsumoto

7:00 pm - 9:00 pm

KEYNOTE LECTURE:

### The Role of TCM in Corporate Wellness Programs

Felice Dunas

SATURDAY

Questions?

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# November 11

## The Posture Paradigm: Assessment & Intervention with the Egoscue Method

Paul Schell

R

In this workshop, participants will learn to assess posture deviations and investigate the postural factors that can affect progress and healing. Application of posture-corrective programs to rehabilitation and prevention will be covered, as well as a view of growing challenges in our society. Exercises to restore function and facilitate balance and healing in the body will be reviewed.

## The Nature of Toyohari and the Goals of Root Treatment

Toyohari Acupuncturists  
Michio Murakami & Haruhiro Kasumi, Senseis (teachers)

L

This lecture is an introduction to the basic treatment principles of Toyohari Meridian Therapy, developed by very sensitive blind acupuncturists. These principles are somewhat different from what is generally done within Chinese style treatment, even though the basic foundational text is the Nan Jing. The core of a treatment is always the Root treatment. The Toyohari Acupuncturists will guide participants through these basic principles.

## TCM Cosmetology & Dermatology: Part I

Yue-ying Li

L

Attendees will learn acupuncture and herbs for general skin care, facial rejuvenation and treating common skin conditions. Incorporating TCM dermatology and cosmetology into your practice can help your patients improve their complexions, wrinkles and pigmentation.

## Change What You Like

Alex Tiberi

L

Chinese Medicine is often said to emphasize prevention. Lifestyle changes are touted as the best medicine. But in the clinic, most practitioners find patients unwilling to make changes. By understanding why people make the choices they do, analyzing their motivations by their diagnosis, the practitioner can give advice that will be followed by the patient and be more comfortable for the patient. Issues such as exercise, diet and stress management will be covered.

## TCM Cosmetology & Dermatology: Part II

Yue-ying Li

W

This workshop is a continuation of the morning lecture and will provide in-depth knowledge on incorporating Traditional Chinese Medicine dermatology and cosmetology into one's practice. Attendees will also learn how acupuncture, herbs (internal and external) and facial gua sha can help patients improve their complexions, wrinkles and pigmentation. The instructor will demonstrate advanced needling techniques in acupuncture face-lift and also introduce external herb formulas and creams.

## Advanced Needling for the Athletic Weekend Warrior

Mark Kastner

W

Athletic weekend warriors have multiple conditions and injuries associated with the specific sports they engage in. This workshop will begin with a basic review of joint anatomy and acupuncture-point location. Participants will be given examples of creating a treatment protocol to help athletes get back to pre-injury status. Needling techniques will be demonstrated along with advanced threading techniques specific for soft tissue injuries.

## Bridging the Gap; Putting Healing into the Patient's Hands

Paul Schell

W

Where is the missing link between treatment and healing? Why do some patients come back without progress? What can patients do to help their own progress and continued health? In this workshop, Schell will review the ways the Egoscue Method has helped create an environment for patient-driven health. Attendees will participate in simple, effective posture-corrective exercises for personal use and application with patients. Participants will be shown approaches to working with patients for optimal program adoption and adherence, as well as educating patients' link between pain and posture.

## Palpation Skills as a Way to Know About Qi

Toyohari Acupuncturists

Michio Murakami & Haruhiro Kasumi, Senseis (teachers)

W

The Toyohari Acupuncturists will focus on some very refined methods of palpation that have been developed in Toyohari for assessing the qi and how it changes during treatment. Developed primarily by blind practitioners, who read the world through their fingers, palpation skills are very nuanced in Toyohari. The practice emphasizes the use of pulse diagnosis, abdominal diagnosis and finding the "live" point where the qi is most assessable. Learn to use these skills and methods for increased effectiveness in patient treatment.

## Sunday at a Glance

7:00 am - 7:50 am  
*Shen Gong Exercises*  
Bill Helm

9:00 am - 12 noon  
RESTORATION WORKSHOP:  
*The Posture Paradigm; Assessment & Intervention with the Egoscue Method*  
Paul Schell

9:00 am - 9:50 am  
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12:15 pm - 1:05 pm  
*Shen Gong Exercises*  
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2:30 pm - 5:30 pm  
(Choose One)

*TCM Cosmetology & Dermatology: Part II*  
Yue-ying Li

*Palpation Skills as a Way to Know About Qi*  
Toyohari Acupuncturists

*Advanced Needling for the Athletic Weekend Warrior*  
Mark Kastner

*Bridging the Gap; Putting Healing into the Patient's Hands*  
Paul Schell

SUNDAY

Questions?

E-mail: [symposium@PacificCollege.edu](mailto:symposium@PacificCollege.edu) or call 800.729.0941

# POST-WORKSHOPS

Monday & Tuesday, November 12-13

SPECIAL IN-DEPTH  
STUDY SESSIONS

## Common Injuries to the Lower Back and Hip

*Matt Callison*

November 12-13 (Two days), 9 am - 5 pm

Learn how to assess and treat common lower back and hip injuries using TCM and Western biomedicine assessment and treatment techniques.

The lower back and hip share muscle attachment sites, meridian topography and muscle groups innervated by the lumbar and sacral spine. Within this context, one may see that hip pain actually originates in the lumbar spine, and injury to the lower back is often accompanied by symptoms in the hip. Rather than viewing the lower back and hip as distinct from one another, it is of great benefit to view the lower back and hip complex as one unit. For example, hip pain presenting as local qi and Blood Stagnation (Qi Zhu Xue Yu) or Wind-Cold-Damp Obstruction (Feng Han Shi Bi) often stems from the lumbar spine. Conversely, an imbalance of the musculature acting on the hip can lead to lower back pain.

In this workshop, using the perspective of the lower back and hip complex as one unit, we will examine injuries from a TCM and Western perspective. The mechanical "how and why" specific injuries occur will be reviewed using orthopedic, physical evaluations and manual muscle testing to assess the integrity of the musculoskeletal system. Treatment strategies using specific needle techniques to the involved motor and acupuncture points will be demonstrated. Point prescriptions along with rehabilitative exercises to balance the somatic system will be shared.

Register  
Early!

Post-symposium  
study sessions  
always sell  
out quickly.

Register  
online at

[www.PacificCollege.edu](http://www.PacificCollege.edu)

## Toyohari as a Way of Developing Skills

*Toyohari Acupuncturists*

*Michio Murakami & Haruhiro Kasumi,  
Senseis (teachers)*

November 12-13 (Two days), 9 am - 5 pm

An introduction will be given on how the Toyohari Association developed a way of teaching about working with qi, the pulse, other diagnostic techniques and needling techniques.

Toyohari is a form of meridian therapy that was developed by very sensitive, blind practitioners. Extremely fine needling techniques, touch and pulse diagnosis, are used in this system with a heavy emphasis on training to feel and discriminate qi directly. This workshop is designed to explore qi as a living and growing experience, not just an abstract concept. There will also be an introduction to a highly specialized feedback method called "Kozato hoshiki," which is quite a practical way to train to be more effective. This is a rare opportunity to study with Japanese Masters of this style.

Extend your stay  
in San Diego for some  
in-depth training in  
Toyohari Acupuncture or  
Lower Back and Hip Injuries.

Questions?

E-mail: [symposium@PacificCollege.edu](mailto:symposium@PacificCollege.edu) or call 800.729.0941

# 3 Easy Steps to Pacific Symposium 2007

## First Registration

Choose your method of registration:

- Online at  
www.PacificCollege.edu/Symposium
- Mail: **Pacific College of Oriental Medicine**  
Attn: PS2007  
7445 Mission Valley Road, Suite 105,  
San Diego, CA 92108  
FAX: 619-574-6641 or  
CALL TOLL-FREE 1-800-729-0941

## Second Airline Reservations

United Airlines is our official airline carrier. We have negotiated reduced airfares for Symposium travelers. Contact your travel agent and mention our special Meeting Code ID 576KQ, or contact United Airlines directly at 1-800-521-4041 and reference the same code ID. Code cannot be used for internet reservations.

## Third Hotel Reservations

### The Catamaran Hotel (Symposium Site)

\$151 Single, Double/ \$171 Triple/ \$191 Quad  
3999 Mission Blvd., San Diego, CA 92109  
1-800-422-8386 (858) 488-1081  
www.catamaranresort.com

### Best Western Blue Sea Lodge

(Less than 1/2 mile from the Symposium site)  
\$119 single/double partial ocean view \$129 single/double full ocean view  
707 Pacific Beach Drive  
San Diego, CA 92109  
1-800-258-3732  
http://www.bestwestern-blueseas.com

### Ocean Park Inn

(Less than 1/2 mile from the Symposium site)  
\$149 Single / Double Triple \$169 /Quad \$189  
710 Grand Ave. • San Diego, CA 92109  
1-800-231-7735 • (858) 483-5858  
www.oceanparkinn.com

### Pacific Shores Inn

(Less than 3/4 mile from the Symposium site)  
\$80 Single/Double per night  
4802 Mission Blvd. • San Diego, CA 92109  
(858) 483-6301  
http://pacific-shores-inn.pacificahost.com

## IMPORTANT!

**Make your hotel reservations before October 1, 2007.**

After that date the hotel releases our reservations. Remember to ask for the special Pacific Symposium rate when making your reservations. If you have any questions in regard to transportation or hotel accommodations, please contact **Barbara Weber** Confcoord@aol.com OR 619-334-3180.

### Registration Confirmation:

#### • If you registered by email:

An automatic confirmation will be sent to your email address. Print this confirmation and bring it with you to the Symposium.

#### • If you registered by Mail / Fax / Phone:

A confirmation postcard will be mailed to you. If you do not receive it within two weeks of submitting your registration, please call and confirm that we have received it. Pacific Symposium is not responsible for registrations for which there is no confirmed receipt.

### Parking

Please note the following rates if you are planning to park at the Catamaran Hotel.

**Hotel guests:** \$12.00/ \$16.00 Valet

#### **Non-Catamaran hotel guests:**

\$8.00 for the first hour/ \$1.50 each additional hour, day maximum \$25.00.

**Street parking is available.** If you choose street parking, please note the street sweeping signs posted in the Pacific Beach area.

#### **Airport Shuttle service to and from the hotel.**

The Catamaran Resort Hotel uses Cloud 9 Shuttle. The cost is (\$12.00) per person each way (current rate may vary due to gas prices). Reservations are only needed when leaving the hotel for the airport.

### Cancellation/Refund Policy

All cancellations must be in writing. An administrative fee of \$50 is assessed on ALL cancellations, postmarked or emailed and dated prior to Friday, October 19, 2007. After Friday, October 19, 2007 a 50% cancellation fee will apply. NO refunds will be granted after October 30, 2007 including no-shows. Refunds will be processed within 2 weeks of your request. Your refund will either be credited back to your Credit Card or mailed by check. Schedule subject to change. No audio or video recording will be permitted.

### CEU Hours Pending:

Pacific Symposium provides up to 36 Continuing Education hours. Each two-day workshop provides 14 Continuing Education hours. You must pay the professional rate to receive CEU credit.

- Thursday: 10 CEUs
- Friday: 8 CEUs
- Saturday: 10 CEUs
- Sunday: 8 CEUs

Post-Symposium In-Depth Study Workshops

- Each two-day workshop: 14 CEUs

### Recording

No audio or video recording will be permitted. High quality CD recordings will be made of most sessions and available for purchase during and after the Symposium.

### Dress

Dress is casual at the Symposium. Remember to bring a sweater or jacket to the lecture/workshops. If you plan to participate in qi gong or any of our restorative workshops, please dress accordingly.

### Exhibits

Experience a vast array of products and services in the holistic health fields. Pacific Symposium offers two exhibit halls, Kon Tikki Ballroom, the Rousseau Suite and additional booths in the Foyer Hall.

# Pacific Symposium 2007

## Registration

Last Day Pre-registration will be accepted is October 19, 2007

PLEASE PRINT CLEARLY

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Country: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Other: \_\_\_\_\_

Email: \_\_\_\_\_

License Number(s)— Must provide for CEU certificate: \_\_\_\_\_

### Please check all that apply:

- L.Ac.                                       Student                                       Nurse  
 MD     PCOM Alumnus                                       PCOM Student  
 Other: \_\_\_\_\_

### Circle Desired Group of Days:

Special Package:	Early (by Sept. 21)		Regular (Sept. 22-Oct. 19)		Late and Onsite (After Oct. 19)	
	PROFESSIONAL	STUDENT	PROFESSIONAL	STUDENT	PROFESSIONAL	STUDENT
<b>Full Admission</b>	<b>495</b>	<b>320</b>	<b>550</b>	<b>365</b>	<b>600</b>	<b>400</b>
<b>Full Admission &amp; 2 Days with Toyohari Acupuncturists or Matt Callison</b>	<b>695</b>	<b>490</b>	<b>785</b>	<b>565</b>	<b>825</b>	<b>595</b>
<b>Two Day Workshop with Toyohari Acupuncturists or Matt Callison</b>	<b>275</b>	<b>215</b>	<b>325</b>	<b>265</b>	<b>375</b>	<b>300</b>
Thurs- Sat	415	300	455	320	485	355
Fri - Sun	415	300	455	320	485	355
Thur - Fri	315	215	365	250	375	285
Fri - Sat	315	215	365	260	385	295
Sat - Sun	315	215	365	260	385	295
Thursday	170	125	195	150	225	185
Friday	170	125	195	150	225	185
Saturday	170	125	195	150	225	185
Sunday	160	115	185	140	215	175

### In-Depth Study Sessions (please check one)

- Toyohari Acupuncturists** (November 12 - 13, 9 a.m. - 5 p.m.)       **Matt Callison** (November 12 - 13, 9 a.m. - 5 p.m.)

*(you must pay the professional rate to receive CEU credit)*

Symposium fee \$ \_\_\_\_\_ (please circle options above)

Workshop fee \$ \_\_\_\_\_

10% discount for PCOM Alumni and groups of 10 or more registering together (individual workshop fees excluded) \$ \_\_\_\_\_

**TOTAL ENCLOSED** \$ \_\_\_\_\_

Check# \_\_\_\_\_, payable to Pacific Symposium

International registrants must pay with a cashier's check, money order or credit card in U.S. dollars. No personal checks will be accepted.

Charge my:  Visa                                       MasterCard

Card# \_\_\_\_\_

**PLEASE PRINT CLEARLY**

Expiration Date: \_\_\_\_\_ V-Code: \_\_\_\_\_

Authorization Signature \_\_\_\_\_

= V-code is the 3 digit number on the back of your credit card, located on the signature strip.

**IMPORTANT NOTE:** Pacific Symposium typically sells out. Plan ahead and register early! The last day for preregistration is October 19, 2007.

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19th Annual  
**Pacific  
Symposium  
2007**

November 8-11  
San Diego, CA

c/o Pacific College of Oriental Medicine  
7445 Mission Valley Road, Suite 105  
San Diego, CA 92108

Register Online at [www.PacificCollege.edu](http://www.PacificCollege.edu)

**Act Today!**

Early registration savings  
end September 21th!

**PLUS**

**In-Depth Study Sessions**

**November 12-13, Featuring:**

**Toyohari Acupuncturists or Matt Callison**

The Catamaran Resort Hotel  
San Diego, California